

JULY 2024

STAHL POST 30 NEWS

156 A DuPont Highway, New Castle DE 19720

www.Stahlpost30.org

(302) 328-9715



From The Commander

By Sal Vaccarino

The dawg days of summer are upon us as are our opportunities to travel to the beautiful beaches just a short drive from our front door. I pray that all of our Stahl Post Family travel safely and enjoy our summer months. Please remember that even in the summer your Stahl Post canteen is open and waiting to serve you. Our bartenders are waiting to see you and hear about your travels and vacations, serve you from our extensive drink options, and don't forget our plentiful food options. On deck everyday are hot dogs, nachos & cheese, pretzels, and mouthwatering pizza, not to mention bar snacks. Mondays we have a hall full of Line dancers, sliding and stomping to a wide variety of music. Don't forget Thursday game nights with plenty of family fun, laughter, and GOT IT!!!! Through the evening hours.

Would like to start with a heartfelt THANK YOU to everyone who showed up for our Stahl Family Installation ceremony last week. A good turnout and great time was had by all. I think we kicked off our new leadership year with a great start. Expect to see many pictures in this newsletter, and tons of conversations for weeks to come.

Don't forget that Thursday, July 4th, is our annual Stahl Family picnic. The hamburgers, hot dogs, rolls, and condiments have been purchased and waiting for the grills to fire up. I know many of you are making amazing salads and desserts, and I am looking forward to tasting every one throughout our picnic day. Water slide is reserved, as are tents and chairs just waiting for our attention and fun times.

Stormin Norman is ready to play music and Emcee our one of a kind family picnic. Don't forget this year we will be collecting \$5 worth of Elementary school supplies from each of our attending adults, or Cash donations, for our local community schools. This very important project is just the first of our many new community projects going forward. The post and canteen will be closed for the day so that all our family members can enjoy the day and spend time with all our family members. And let's not forget our very own Stahl Post Baseball team, first pitch is at 11AM followed by what should be a very exciting game. Come out and support the boys that represent our beloved post throughout the state!!!

Also, during our Family picnic, we will have our new 2025 Muster log ready for your signatures. If you want to keep your current muster number you MUST sign the muster log prior to September 1, 2024. After that date, the log will be open to anyone who wants to change numbers or be added to the muster.

While we are talking about deadlines, as we get ever closer to our upcoming election season, just a quick non-partisan reminder for all our members and visitors. Discussing, sharing, displaying, or promoting political parties inside ANY American Legion facility is strictly prohibited. Inside our doors is POLITITIAN FREE TERRITORY so there will be no political discussions, tv shows, radio broadcasts, t-shirts, flags, banners, or any other politically related activities. We, The American Legion, SONS, and Auxiliary, are 100% non-partisan inside our doors and at all events. Any violation of this policy, by anyone within the walls of our building, will result in immediate suspension.

DO NOT TEST OUR LEADERSHIP IN THIS POLICY. It will not be taken lightly. Keep your political views and desires outside our doors and events, PLEASE!

The SONs just completed a very successful convention at Stahl Post. Congratulations to our very own Stahl Post SONs for receiving many accolades for their membership drive, their activities, and their hosting of the 2024 SONs Convention. Great job Commander Gravenor and team on a job well done!!! While we are at it, WELL DONE to Pam and her kitchen team, the entire Bartending team, as well as all the volunteers for your service and support of the convention. Once again, your efforts showed the entire Department that the Stahl Post Family is a cohesive team who are all willing to pitch in and support our Legion, our Veterans, our Members and our Community. JOB WELL DONE to everyone.

Our Auxiliary will be sending 10 delegates to their convention in the next couple weeks. Have a great time Ladies. I know you will do a great job and represent Stahl Post proudly. The Legion will also be hosting our annual convention, this year at Dover Post 2. Stahl Post will be sending 11 delegates to this year's convention. I am looking forward to leading our delegation and standing tall as representatives of the Stahl Post Family during this convention.

Speaking of job well done, last week we hosted our very first VA Town Hall meeting in Lawruk Hall. More than 25 veterans attended this event hosted by our VA organization. Stations were set up throughout the hall area to address every need brought by our veterans. What a great event, a great turnout, and wonderful sessions of service. I am looking forward to the next time we can host this very important event.

We just received a new shipment of Stahl Post t-shirts available at the canteen for just \$12 each. They come in three colors, Navy Blue, Red, and Burgundy ranging in sizes from Small

to XXXL. Also available are our Baseball team shirts, for \$25 each, in red just like our team is wearing. Stop by, place an order and support your Stahl Post baseball team.

As you may notice during our July 4th picnic, we are having a new smokers shed installed on July 3rd. Thank you to all who helped to make this possible. Also, please take a moment to purchase a ticket or two for our monstrous basket of cheer displayed in the canteen. The basket will definitely help you to stock your home cabinets and make all your neighbors happy. Tickets are on sale for just \$20 each and will be available as long as they last.

Be on the lookout for these upcoming events:

Every Monday - Line Dancing - 6 - 9PM

Every Thursday - Game night - 6 to 8PM

July 9 - Legion meeting - 7PM

July 16 - SONs Meeting - 6:30PM

July 20 - American Legion Legacy Run

Stahl Post #30 is the starting point for all northern riders. Volunteers are needed to serve breakfast.

Once again, I thank everyone for all their support. Without YOU we could never be Stahl Post.

Salvatore M. Vaccarino - Commander
Joseph B Stahl Memorial Post #30





From The Adjutant

By Frank Clymer

July Addendum

We are in the process of updating the Muster Registry, formerly known as the Key card Registry. We need to purge old members that have left us to make room for new members that are looking to play the muster. Starting July 1, 2024, a new registry will be at the Post. When you come in to sign the books, please take time to sign the new registry and check to see that the spelling is correct for your name, since I was the typist. Please inform the bartender if there needs to be a correction and I will make it.



SALS

By Tom Campbell

LAST MEETING

Tuesday, **June 25th**, 2024, 6:30pm

NEXT MEETING(S)

Tuesday, **July 16th**, 2024, 6:30pm **General Membership**

Feeling energetic? Get involved and make a difference. If you have ideas, we are always looking for people to get involved, so bring your ideas and suggestions to the meeting.

SAL CONVENTION

SAL Detachment Convention was held June 14th & 15th at Stahl Post 30. We received several compliments from other posts and the detachment pertaining to the event.

THANK YOU FOR YOUR SUPPORT

MEMBERSHIP RENEWAL

Current Membership for is at ~243 paid which is ~106.57% of goal (228) for 2024. If you haven't renewed, you still can just stop by the post or mail your payment.

You can mail your renewal to:

American Legion Stahl Post 30
Attn. SALS
156 A DuPont Highway
New Castle, DE 19720

BAR MINGO / DJ

As of now we do not have a BAR-MINGO event set. We will keep you posted if date is scheduled.

BASEBALL

Your Stahl Post baseball team started their regular season June 10th, schedule is below. Don't forget about the July 4th picnic with a ball game starting at 11am. We will once again be hosting the Delaware American Legion Baseball State Championship playoffs starting July 25th. Will be looking for volunteers to help during the state tournament, please keep an eye out in the canteen for the volunteer signup sheet in.



Auxiliary

By Lisa Prosachik

Happy July everybody! We are hoping everyone is having an enjoyable summer. It's definitely a **HOT, HOT, HOT** one. Be careful out there, don't forget your sunscreen and make sure you drink plenty of fluids.

Please, please check on your neighbors to make sure they are alright and do not need anything. It's as easy as one family checking in on another.

☀️😓 Try to familiarize yourself with the signs and symptoms of heat exhaustion vs heat stroke, they are treated differently. When in doubt, CALL 911

MEETINGS: 🗑️

The July meeting date has been changed to July 10th beginning at 6:30PM

Our August meeting is scheduled for the 7th, again at 6:30PM. You will get a shout out if anything changes.

TACO TUESDAYS: 🌮

In our June meeting it was decided to cancel all future TACO Tuesdays. This is due to lack of support and participation. Sorry folks. 😞 We do want to thank those who came out and supported us over the past few months. **THANK YOU!!!!**

ALL YOU CAN EAT ANNUAL CRAB FEAST: 🦀

The crab feast has been scheduled for September 6th. The cost of the tickets will be \$55.00 per person. Additional information will be forth coming.

CRAFT FAIR: 🎅

This is always a truly wonderful event. Mark your calendar for October 27th.
The fair is to begin at 9:00AM and end at 2:00 PM. Yep, it's never too early to start your Christmas shopping.
I ought to know.

HAVE A SAFE AND HAPPY INDEPENDENCE DAY!!!! 🇺🇸

**DELAWARE JOINING FORCES**

No single organization can meet all the needs of our Service Members, Veterans and their Families (SMVF), but a community of partners can provide an array of essential services.

The State of Delaware has partnered with Donate Delaware to purchase **44,000 canisters of infant formula**. This shipment of FDA-approved Care infant formula will increase the supply in our state and help ease the burden on Delaware families having trouble locating formula.

Canisters of Care Infant formula will be distributed to high-needs areas throughout Delaware. Delaware families with an infant up to 12 months of age are eligible to pick up canisters.

Visit - <https://ltgov.delaware.gov/formula/>

The Food Bank of Delaware, Boys & Girls Clubs of Delaware, and local community organizations are partnering with the State to serve as points of distribution to these communities.

We hope you are well! On behalf of the Lt. Governor's Office, we wanted to share information about Delaware's free **Infant Formula Distribution Program**. Lt. Governor Bethany Hall-Long, the Food Bank of Delaware and many state and community partners launched this program last year in response to the national infant formula shortage. We secured canisters of Care A2+ infant formula to be provided to parents of children under the age of one throughout the state for **FREE**. As we enter the summer months when we know budgets are tighter, we want to raise awareness about the program to partner with more organizations and reach families in need. Currently, more than 35 sites across all three counties carry canisters of Care A2+ infant formula. We are always looking to partner on additional public sites and on special events to reach families. Here's what to know:

Families can pick up multiple cans – that means 1, 2, 3 or 10 cans if needed!

There is no paperwork required to pick up cans. You can find information on the initiative and where to pick up cans of formula at this link: itgov.delaware.gov/formula/

If you would like to partner with us or if your organization could use a refresh in supply, you can submit a request utilizing this [Request Form](#). The formula expires this fall. You can also email jennifer.rini@delaware.gov with any questions.

Jen Rini

she/her/hers

Communications Director

Office of Lt. Governor Bethany Hal

Support the VA Medical Center Food Pantry

The collection box is located in the foyer of the Canteen to collect non-perishable food items for the VA MC Food Pantry. A list of eligible non-perishable items will be posted. On the 4th Monday of each month all items will be gathered and transported to the VA Medical Center. The Food Pantry is a huge help to our Veterans who will be able to 'shop' at no cost.

If we all do a little, we can accomplish a lot!



Important Appeal

If you suspect a veteran whom you know to be suicidal, please—make a resolute effort to persuade that veteran to seek professional help by calling the Veterans Crisis Line.

My name is Howard Dobson—a recent transfer to the Stahl Post. I have expertise in planning military reunions that might be helpful to members of the post who are members of reunion groups of individual units/ships with which they served. My help might benefit those groups that have become inactive or that have reunions which some of the members feel could use a makeover.

The motivation behind my desire to offer this my service is that it can help reduce suicides among military veterans. Studies have shown that veterans who attend reunions of their units are less susceptible to ponder suicide because they would be among warrior buddies who had endured the same military experiences and are not disheartened to the point of considering suicide. Often, suicidal veterans talk themselves off the fence by restoring their own confidence simply through uplifting discussions with warrior buddies.

Additionally, participating in group reunions is an excellent opportunity for camaraderie, reminiscence, rekindling old friendships, and beginning new ones. Successful reunions are those that are trouble-free, well-attended, memorable, and impart upon the attendees a desire to participate in future reunions. Thus, simply arranging for a place to assemble and have drinks and a meal together usually falls short of the goal of having great reunions. My expertise in planning military reunions deals with all factors that contribute to their success. I cannot plan reunions for your groups, but I will help you or someone else in your group

plan successful reunions. I do not deal with the formation of reunion groups from scratch. I am the founder, chairman, and reunion planner of the USS Sam Houston Veterans' Assn. (SSBN/SSN 609). In 2009, I incorporated the group and obtained a federal tax exemption for it. Since then, I have been arranging biennial reunions at various cities throughout the country and have attendances that are the typical 10%-15% of the membership. (The percentage decreases with time because of numerous factors that adversely affect the available funds of some members and/or their willingness or physical ability to travel.) Those who attend my reunions vow to attend the next one. My expertise is rooted in continually attending seminars related to planning military reunions that have been ongoing since 2002. The military-reunion market is constantly changing. If you desire my help or seek more information out of curiosity, please contact me:

302-764-1197

howardvaldobson@verizon.net

THE POST IN PICTURES



July

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Country Line Dancing 630PM	2	3	4 Annual Post Family Picnic	5	6
7	8 Country Line Dancing 630PM	9 Legion Meeting 7PM	10 Auxiliary Meeting 630PM	11 Game Night	12	13
14	15 Country Line Dancing 630PM	16 SALS Meeting 630PM	17	18 Game Night	19	20
21	22 Country Line Dancing 630PM	23	24	25 Game Night	26	27
28	29 Country Line Dancing 630PM	30	31	1	2	3
4	5	6	7	8	9	10

SAVE THE DATE:

AYCE CRAB FEAST – FRIDAY 9/6/2024